

HILLARY BLAKE, PSY.D HSPP
CLINICAL PSYCHOLOGIST

DBT FOR CHILDREN

Ages 6-8 Years Old



Mindfulness
Distress Tolerance
Emotional Regulation
Interpersonal Effectiveness

✦ **SUMMER GROUP** ✦
TUESDAYS 4-5PM

A multifamily group for children and their caregiver
\$95 per group

www.woodviewgroup.com