

The background is a dark blue space scene. At the top left is a purple planet with a ring system. At the top right is a blue and purple rocket with orange flames. In the middle left is a yellow astronaut floating. In the middle right are several yellow meteors falling. At the bottom left is a blue and green planet. At the bottom right is a grey moon. The word "SPACE" is written in large, bold, white letters in the center. There are many small white stars scattered throughout.

SPACE

Supportive Parenting for Anxious Childhood Emotions (SPACE) is a parent intervention for children who have OCD, anxiety, and related disorders. It is as effective as individual therapy.

Parents will learn how to:

1. Increase supportive communication with their child
2. Decrease accommodation
3. Improve daily functioning
4. Maintain healthy boundaries

8-WEEK GROUP VIA ZOOM
PARENTS WHO HAVE CHILDREN AGES 6-16
SUNDAYS 4-5PM AND THURSDAYS 12-1PM
FEE IS \$85 PER GROUP (INCLUDES 2 PARENTS)

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