



# SPACE

Supportive Parenting for Anxious Childhood Emotions (SPACE) is a parent intervention for children who have OCD, anxiety, and related disorders. It is as effective as individual therapy.

Parents will learn how to:

1. Increase supportive communication with their child
2. Decrease accommodation
3. Improve daily functioning
4. Maintain healthy boundaries

8-WEEK GROUP VIA ZOOM  
PARENTS WHO HAVE CHILDREN AGES 6-16  
THURSDAYS 12-1PM  
FEE IS \$85 PER GROUP (INCLUDES 2 PARENTS)

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